

Referral guide

This referral guide is intended to assist services to connect young people with appropriate LGBTIQAP+ Sistergirl and Brotherboy supports and community. Community belonging and social connection can be particularly important for LGBTIQAP+ Sistergirl and Brotherboy young people who are navigating social isolation/exclusion or loss of social networks due to their identity.

PHONE & ONLINE SUPPORT

QLife

QLife provides Australia-wide anonymous, LGBTI peer support and referral for people wanting to talk about a range of issues including sexuality, identity, gender, bodies, feelings or relationships.

Website: qlife.org.au

Phone: 1800 184 527 (Available 3pm – 12am AEST)

Online chat (Available 3pm – 12am AEST): <https://www.qlife.org.au/resources/chat>

eheadspace

eheadspace provides free online and telephone support and counselling to young people 12-25 and their families and friends

Phone: 1800 650 890 (Available 9am – 1am AEST)

Online chat (Available 9am – 1am AEST) at: <https://headspace.org.au/eheadspace/>

Suicide Call Back Service

Suicide Call Back Service is a 24 hour, nationwide service that provides free telephone, video and online counselling to people who are affected by suicide.

Phone: 1300 659 467 (Available 24 hours a day)

Online chat and Video chat (Available 24 hours a day): <https://www.suicidecallbackservice.org.au/>

Asexual Visibility and Education Network

<https://www.asexuality.org/>

The AVEN community centres around the web forum, which provides a safe space for asexual and questioning people and their partners, friends and families to discuss their experiences.

COUNSELLING, PSYCHOLOGY & HEALTH SUPPORT

Queensland AIDS Council (QuAC)

A non-profit organisation that provides support services, information and counselling for sex and gender-diverse people in Queensland.

Website: qahc.org.au

Phone: (07) 3017 1777 Outside Brisbane: 1800 177 434

Clinic 30 (QuAC)

Clinic 30 offers:

- comprehensive sexual health & HIV testing
- mental health care plans
- a range of medical services that may be relevant to LGBTI people

Location: 30 Helen Street, Teneriffe (located at QuAC)

Phone: 3017 1777

Brisbane Gender Clinic:

The Brisbane Gender Clinic service based at the Queensland AIDS Council provides services to the trans and gender diverse communities every Wednesday. Bookings are essential, and due to the high demand for trans clinical services, a wait list is often in place.

Location: 30 Helen St Teneriffe QLD.

Phone: 07 3017 1777

Website: <https://www.brisbanegenderclinic.com.au/>

Queensland Children's Gender Service

The aim of the QCGS is to improve the health, wellbeing and function of Queensland children diverse in gender identity through affirmative, family focused, interdisciplinary assessment and specialist care.

Location: Queensland Children's Hospital. Level 3/ 501 Stanley Street, South Brisbane.

Phone: (07) 3069 7377

Email: CHQ-Gender@health.qld.gov.au

Website: <https://www.childrens.health.qld.gov.au/service-gender-clinic/>

Gender Service RBWH

The Gender Service is located at the Royal Brisbane and Women's Hospital and includes:

- Diagnosis and assessment of adults with Gender Dysphoria or gender non-conforming behaviour or identity.
- Time limited support from the Department of Social Work and Psychology for patients with social adjustments related to Gender Dysphoria.

Hotline: 1300 364 938

Website: https://metronorth.health.qld.gov.au/specialist_service/refer-your-patient/gender-services

Gladstone Road Medical Centre

Location: 38 Gladstone Road, Highgate Hill

Phone: 3844 9599

Website: <http://www.grmc.com.au/>

Stonewall Medical Centre

LGBTIQAP+ Sistergirl and Brotherboy oriented medical centre.

Location: 52 Newmarket Rd, Windsor

Phone: 3857 1222

Website: <http://www.stonewall.com.au/>

True Relationships & Reproductive Health

Location: Building 1, 230 Lutwyche Road

Phone: 07 3250 0200

Website: <https://www.true.org.au/>

Windsor QLD 4030

Relationships Australia (Rainbow Counselling)

Provided by counsellors with specialised skills, knowledge and experience in the area of LGBTI service provision, the service's central hub is in Spring Hill with a network of specially trained counsellors in regional venues.

Location: 159 St Pauls Terrace, Spring Hill

Phone: 1300 364 277 to book an appointment

Website: <https://www.relationships.org.au/services/rainbow-counselling-service>

Belinda Birtles: Clinical Psychologist

Phone: 0459 270 146 Reception: (07) 3105 2880

Email: belinda@brisbanesouthsidepsychology.com

Heidi Jansen: Clinical Psychologist

Phone: 0458 620 248

Email: Heidi.ReframePsychology@gmail.com

SOCIAL SUPPORT

Open Doors Youth Service

Open Doors Youth Service supports LGBTIQAP+ Sistergirl & Brotherboy young people aged 12-24 years across South-East Queensland.

Services include:

- Social groups
- Individual support and case management
- Brief interventions and ethical referrals

- Advocacy & Mediation
- Homelessness intervention and support
- Support around gender and/or sexual identity
- Alcohol and Drug support
- Suicide Intervention & Prevention Trial
- Art Therapy Group & Individual Session
- Events throughout the year

Location: 5 Green Square Cl, Fortitude Valley

Phone: (07) 3257 7660

Website: <https://www.opendoors.net.au/>

Social Group Collaborations

SAGA Group (Redcliffe)

headspace Redcliffe, Redcliffe Area Youth Space and Open Doors collaboration

12-24 years old

Website: <https://www.facebook.com/SAGA4020/>

Email: headspace.redcliffe@openminds.org.au

Chermside

Open Doors & Relationships Australia collaboration

16-25 years old

Email: enquirieschm@raq.org.au

Phone: 1300 364 277

Starburst (Taringa)

Headspace & Open Doors collaboration

16-25 years old

Location: Headspace Taringa, 5 Moorak Street

Contact: To register interest, call 3157 1655 or email headspace.taringa@openminds.org.au

Website: <https://www.facebook.com/headspacestarburst/>

Diverse City (Ipswich)

Headspace Ipswich & Open Doors collaboration

12-25 years old

Location: Headspace Ipswich, 26 East Street

Time: 2nd & 4th Mondays 3.30pm – 5pm

Contact: To learn more call 3280 7900 or email headspace.ipswich@aftercare.com.au

Logan

YFS Logan & Open Doors collaboration

12-24 years old

Location: YFS, 376 Kingston Rd, Slacks Creek

QSpace

QSpace is a non-profit service specifically for LGBTIQAP+ young people. QSpace is a social support group for young people aged 12-17 that meets once a week. QPlus is a social support group for young people aged 18-25 that meets every second week.

Location: Southport

Website: qspace.net.au

Phone: 0437 013 710 (Tuesday, Wednesday & Thursday)

Email: r.rive@wmq.org.au

Transcendence Social and Emotional Support Group (Spring Hill & Gold Coast)

Transcendence is a monthly social and emotional support group for transgender and gender-diverse individuals, or those questioning their gender identity.

No cost to attend, gold coin donation encouraged. No booking required.

Phone: 1300 364 277 and request a call back from one of their rainbow counsellors.

Website: <https://www.raq.org.au/courses/transcendence-social-and-emotional-support-group>

Intersex Peer Support Australia

Provides peer support between people with any intersex variation throughout Australia and Aotearoa/New Zealand.

Email: info@isupport.org.au

Phone: 0478 537 739

Website: <https://isupport.org.au/>

Facebook: <https://www.facebook.com/intersexpeersupport/>

Wendybird

Wendybird is a volunteer collective of Lesbian, Gay, Bisexual, Transgender, Intersex and Queer (LGBTIQ) people of individuals who value the role of community and belonging for all people, who are working together to intentionally create, grow and develop a safer and always supportive community that is diverse, welcoming and inclusive. Events held every 5 to 6 weeks. Check website for location, dates and details.

Website: <http://www.wendybird.com.au/>

Email: info@wendybird.com.au

Many Genders, One Voice

Many Genders One Voice is a Trans, Gender Diverse, Non-Binary, Sistergirl and Brotherboy Community Health Action Group.

Email: manygendersonoice2015@gmail.com

Website: <https://www.manygendersonoice.org/>

Facebook: <https://www.facebook.com/manygendersonoice/>

Phone: (07) 3017 1701

PFlag

Parent and Friends of Lesbians and Gays Brisbane (PFLAG) is a support group for parents of LGBTIQ people in Queensland. They also strive to support LGBTIQ people who are, or fear, they may be abandoned by their families.

Monthly meetings at (QuAC office) 30 Helen Street, Teneriffe QLD 4006

Website: <https://www.pflagbrisbane.org.au/>

Phone: 0400 767 832

Backbone Youth Arts

Youth Arts organisation that has workshops, performances, festivals, events, resources and training.

<https://backbone.org.au/>

Location: 38 Lytton Rd, East Brisbane (East Brisbane Bowls Club)

Email: info@backbone.org.au

Phone: 3391 8239

CULTURALLY DIVERSE

DIG: Diverse Identities Gather

Social group for gender and sexually diverse people seeking asylum, and those from refugee and migrant backgrounds

Email: digather@gmail.com

<https://www.facebook.com/digmeanjin>

Rainbow Hub

The Rainbow Hub is a free space to support and empower international LGBTQI students and friends in Brisbane. They hold sessions fortnightly on different topics designed to connect people from different backgrounds who have at least two things in common: being queer and having chosen Brisbane as their new home.

Location: Student One building, Cinema Room, Ground Floor, 363 Adelaide St, Brisbane City

Website: <https://www.rainbowhub.com.au/>

Facebook: <https://www.facebook.com/brisbanerainbowhub/>

Instagram: www.instagram.com/brisbanerainbowhub

ABORIGINAL AND TORRES STRAIT ISLANDER

Indigilez Women's Leadership & Support Group

Leadership & Support Group for Aboriginal & Torres Strait Islander Lesbians and Same Sex Attracted Women

Website: <http://www.indigilez.org/>

Email: indigilezwomen@gmail.com

Gar'ban'djee'lum Network

Gar'ban'djee'lum is a Brisbane-based, independent social and support network for Aboriginal & Torres Strait Islander people with diverse genders, bodies, sexualities and relationships.

Contact Healthy Communities for more information (07) 3017 1737

Email: garbandjeelum@gmail.com

2Spirits Program (QuAC)

2Spirits provide one-on-one, family and community support, peer education, links to peer support networks and referrals to cultural safe services

Website: <https://quac.org.au/programs/2-spirits/>

Phone: (07) 3017 1777

Email: 2spirits@quac.org.au

SOCIAL MEDIA GROUPS

Australian Deaf LGBTIQ+ Community

<https://www.facebook.com/groups/adgla/>

Queer and LGBTI Friendly Accommodation in Queensland

<https://www.facebook.com/groups/LGBTIAccommodationQld/>

INCLUSIVE FAITH ORGANISATIONS

St Michael and All Angels Church

Location: 655 Brunswick St, New Farm

Phone: 07 3844 3557

Website: <https://stmichaelsnewfarm.org.au>

Metropolitan Community Church

Location: 52 Merthyr Road, New Farm (Uniting Church), Brisbane, Queensland, Australia

Phone: 0411 049 104

Website: <https://mccbrisbanechurch.org/>

West End Uniting Church

Location: 11 Sussex St, Highgate Hill

Phone: 07 3844 3557

Website: <https://www.westendunitingchurch.org.au/>

St John's Cathedral Anglican Church

Location: 373 Ann St, Brisbane

Phone: 3835 2222

Website: <https://www.stjohnscathedral.com.au/>

LEGAL SUPPORT

LGBTI Legal Service

Location: Level 2, 725 Ann St, Fortitude Valley (phone/video appointments available)

Phone: 3124 7160

Website: <https://lgbtilegalservice.org.au/>

FREE Legal Advice Sessions run every Wednesday evening from 6.00 pm. Consultations with our LGBTI-friendly volunteer lawyers are available by making a pre-booked appointment. Please contact Client Services if you would like to make an appointment. If you cannot attend our office, a telephone appointment can be arranged.

Queensland Human Rights Commission

<https://www.qhrc.qld.gov.au/>

Location: Level 20, 53 Albert St, Brisbane

Phone: 1300 130 670

Lesbian, gay, bisexual, transgender and intersex communities contact: Heather Corkhill - 07 3021 9116 or
Email: heather.corkhill@qhrc.qld.gov.au

Justice Connect

A collaboration between people and organisations – such as pro bono firms, healthcare services, homelessness groups and more – to connect people with legal information, fact sheets and where to seek further help.

Website: <https://justiceconnect.org.au/>

A number of LGBTIQ specific fact sheets are available on their website:

Fact Sheet: [How to legally change your name \(Qld\)](#)

Fact Sheet: [How to deal with gender discrimination \(Qld\)](#)

Fact Sheet: [How to change your gender status on formal documentation \(Qld\)](#)

Fact Sheet: [Your legal rights at school as a trans or gender diverse young person \(Qld\)](#)

[Frequently asked questions about stage 2 hormone treatment](#)

Trans@School

Resource developed in partnership between the LGBTIQ Legal Service, Legal Aid Queensland and the Queensland Human Rights Commission, in consultation with the Queensland Children's Gender Service, young people, parents and educators.

Guide for schools: <https://www.qhrc.qld.gov.au/your-responsibilities/for-schools-and-universities/trans-@-school>

Guide for students: <https://www.qhrc.qld.gov.au/resources/for-lgbtqi-people/trans-@-school>

Youth Advocacy Centre

Free legal advice and representation for young people aged 10-17 years

Location: 4/162 Petrie Terrace, Petrie Terrace

Phone: 07 3356 1002

Website: www.yac.net.au

LGBTI Police Liaison Officers

Contact list for local LGBTI Police Liaison Officers: <https://www.police.qld.gov.au/sites/default/files/2019-09/QPS%20LGBTI%20Liaison%20Officer%20Contact%20List%202019%20v%201.3%20Internet.pdf>

Brochure: <https://www.police.qld.gov.au/sites/default/files/2018-07/LGBTI%20Liaison%20Officer%20Brochure.PDF>

ADVOCACY AND NETWORKS

Intersex Human Rights Australia

<https://ihra.org.au/>

IHRA is actively engaged in promoting recognition of intersex people in law and regulations, with a particular focus on improving recognition of our health needs and human rights.

Respect Inc

Respect Inc is a non-profit, peer-based organisation focused on protecting and promoting the rights, health & wellbeing of Queensland sex workers. They are a sex worker rights-positive and rights-focused community organisation.

Location: 28 Mein St, Spring Hill

Email: info@respectqld.org.au

Website: <https://respectqld.org.au/contact-us/>

Phone: 07 3835 1111 / 0424 657 064

RESOURCES FOR YOUNG PEOPLE & PEOPLE WHO CARE ABOUT THEM

ReachOut

ReachOut is Australia's leading online mental health organisation for young people and their parents. Our practical support, tools and tips help young people get through anything from everyday issues to tough times – and the information we offer parents makes it easier for them to help their teenagers, too.

Website: <https://au.reachout.com/identity-and-gender>

Twenty10

Provides local support for young people in NSW but also has a range of useful information and factsheets on their website.

Website: <https://www.twenty10.org.au/>

Regional support free call: 1800 65 2010 (10 am – 6 pm, Monday - Friday)

Email: info@twenty10.org.au

Minus18

Minus18 is Australia's national organisation for lesbian, gay, bisexual, transgender and intersex (LGBTI) youth. We're young people leading change, building social inclusion and advocating for an Australia free from homophobia, biphobia and transphobia.

Website: <https://www.minus18.org.au/>

Parents of Gender Diverse Children

Website: <https://www.pgdc.org.au/>

True All School Program

The True All School Program can help with student's transition at school by organising training/education at the school.

Website: <http://www.true.org.au/Education/allschool>

Phone: (07) 3250 0280

Email: schools@true.org.au

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Dedicated to a better Brisbane

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